

**DATE:** October 10<sup>th</sup> 2017

**TIME:** 2:30pm

**LOCATION:** 5<sup>th</sup> Floor

### Welcome and Introductions

- Meeting called to order at 2:35pm by Committee Chair Sky Johnson
- BCOA Members in Attendance:
  - Sky Johnson, Jo Anne Baumann, Louis Weinberg, Pam Rinehart, Suzanne VanSlyke, Beverly Sali, Bill McCulloch, Jeff Menzel, Hillary Greenebaum (Alternate), Jim Brooks (BCOA Staff Liaison)
- BCOA Members Absent:
  - Mark Fagin (BCOA Council Liaison), Jessica Brzuskiwicz

### Guests

- Elaine Hartman

### Visitor Comment Period

- N/A

### Approval of Previous Minutes

- September minutes approved with noted changes

### New Business

- Group discussion around the topics for the March 17<sup>th</sup> planned event. The event will focus on caregivers needs in the community. The event will be three hours (12-3 PM) vendors will be invited and speakers will present on selected caregiving topics. Three rooms will be designated toward specific topics and the big open room will be for vendors. General resources will be available in the Manzanita room. Topics include:
  1. Avoiding Caregiver Burnout in one room: Emotional support providing needed respite
  2. Home Safety Tips for Seniors: Physical Support, equipment, alarms, action steps for safety
  3. Administrative: Avoiding Financial Fraud and navigating the legal obstacle course of aging, advance directives, POLST, insurance etc.
- Jeff Menzel suggested, "Caregiving Can Happen to Anyone - Tools and Resources Needed to Manage the Caregiving Experience", as a theme for the event

### Speaker

- N/A

### Beaverton City Council Liaison Report

- N/A

### Beaverton City Staff Liaison Report

- Jim Handed out materials for applications for the Boards and Commissions application process coming up in the fall. Jim had a follow up from a previous guest who had expressed some questions about where to find dental benefits.

### Announcements

- Jo Anne Baumann brought up the persistent direct mail issue that is targeted toward to seniors, soliciting money to supposed charities. Senior scams are prevalent, the BCOA will look at the possibility of bringing an industry expert or writing an article for the resource guide. Jim Brooks will contact the State for current knowledge expert on Senior Fraud and potentially ask them to come speak to the group. [www.Beaverton.org/beaverton/safe/program](http://www.Beaverton.org/beaverton/safe/program) has some pertinent resources on the website.
- Louis brought up the recent Health and Wellness Resource Fair at Elsie Stuhr Center and the possible partnerships in the future. Jim Brooks suggested inviting the new Supervisor of Elsie Stuhr Center to come and speak to the group. Pam Rinehart will reach out to the Center Supervisor to invite her and/or a staff member to a BCOA

### Adjournment

- Meeting adjourned at 4:06pm